

AVID MEDIA COMPOSER KEYBOARD SHORTCUTS

Right arrow	Go forward one frame
Left arrow	Go back one frame
Space bar	Play
Home	Go to the beginning
End	To to the end
Command + /	fit all to one window
Command + L	Enlarge
Command + K	Reduce
Esc	Toggle back and forth between Source and Record window
Command + Drag Position Bar	Snap to nearest edit point
Command + U	New audio track
Command + Y	New video track
s	With tracks inactive, Move to next edit point ("a" to previous edit point)
b or red arrow	overwrite
d	Clears in point
f	Clears out point
g	Clears both in and out
i	Mark in point
j	Plays backward
k	Pause / Stop
l	Plays forward
u	selects closest edit / transition point
v or yellow arrow	Splice in (insert)
x	Extract edit (splice fills space with clip to right)
z	Lift edit (overwrite move it/leave space empty)
Option + drag	Change size of Audio or Video track by grabbing bottom of tab
Caps Lock	With caps lock on you can hear audio when you scrub with position bar
Command + period	To stop export as Quicktime Movie